



# NIA

# 6

NEWS



## **University Talk & Parents' Evening**

This week, we hosted our Year 12 Parents' Evening—a key milestone in the sixth form calendar. Alongside parent-teacher meetings, we were also delighted to welcome a representative from the University of Northampton. The speaker provided an informative session outlining the university application process, life at university, and the wide range of courses available. The session offered valuable guidance on post-18 options, and many found it helpful in understanding the steps needed for university and beyond. We're grateful to all the families who attended and supported their child's sixth form journey.

## **Guest Speaker. Alps Driving School**

Last week, we were pleased to welcome Alps Driving School to NIA6 for a practical and engaging session with our Year 12 students. The speaker delivered valuable information on how to begin the process of learning to drive, what to expect during lessons, and the responsibilities that come with being on the road. Students gained key insights into both the theory and practical elements of driving, along with tips on how to stay safe and confident behind the wheel. It was a fantastic opportunity to begin thinking ahead towards greater independence and life after sixth form.



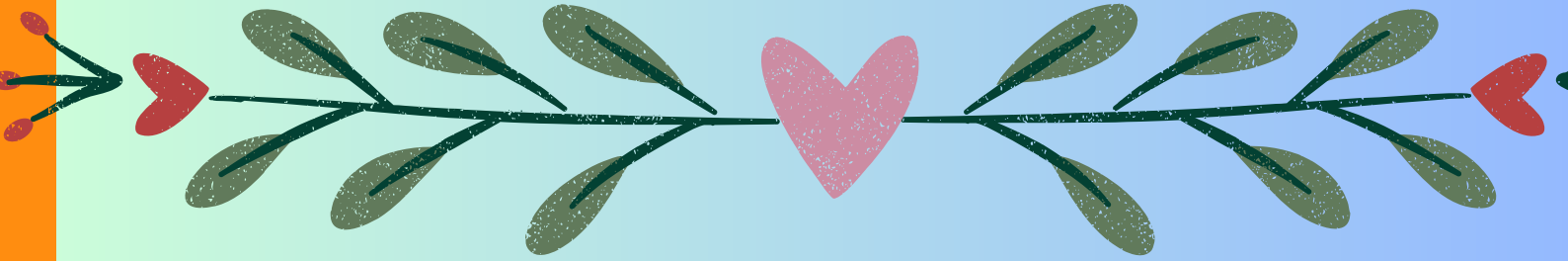
## **Work Experience Reminder**

A quick but important reminder to all Year 12 students: if you haven't yet secured your work experience placement, please do so as soon as possible. Work experience is a vital opportunity to gain real-world insight into industries that interest you. It also strengthens your CV, UCAS application, and overall employability. If you're struggling to find a placement, speak to your tutor or a member of the sixth form team—we're here to help you find something meaningful and worthwhile.

**Find out more about NIA6 on our website**

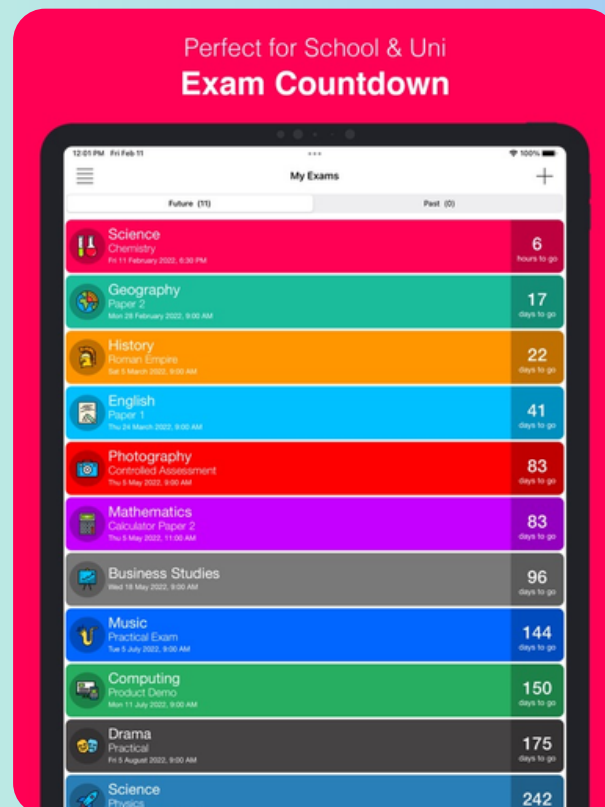
## 🧠 Wellbeing & Mindset: Prioritising Mental Health

With exams approaching and workloads increasing, it's completely normal to feel a little overwhelmed. At NIA6, we want to remind all students that mental health matters just as much as academic performance. Try to build healthy habits—eat well, get enough sleep, and take regular breaks when revising. If you're struggling, talk to someone you trust. Whether it's a friend, teacher, or our school counsellor, you're not alone. Support is available, and looking after your wellbeing is a sign of strength, not weakness.



## 📱 Hidden Gem: The Exam Countdown App

If you haven't downloaded it yet, now's the time! The Exam Countdown App is a simple but powerful tool that lets you log all your upcoming exams and coursework deadlines in one place. You'll get visual reminders of how many days are left until each assessment—perfect for staying organised and avoiding last-minute panic. It's available for free on iOS and Android.



## #EMATters Celebration Awards



Do you know someone  
at school who  
deserves recognition?

Nominate now!  
[emat.uk/awards2025](https://emat.uk/awards2025)



Know someone who deserves recognition? Nominations are now open for the #EMATters Celebration Awards 2025! These awards celebrate the dedication, achievements, and contributions of pupils, staff, and volunteers across our EMAT community.

### Award Categories:

🏆 **Inspirational Pupil** – Academic success, extracurricular achievements, or overcoming adversity.

🏆 **Teacher of the Year** – Honouring a teacher who goes above and beyond.

🏆 **Beyond the Classroom Award** – Recognising outstanding support staff, from teaching assistants to site teams.

🏆 **SEND Star of the Year** – Celebrating the excellence and resilience of a student with special educational needs.

🏆 **Inclusion Award** – For those championing diversity and inclusion in school life.

🏆 **Eco Award** – For students/staff who have made their school more environmentally friendly.

🏆 **Volunteer of the Year** – Recognising dedicated individuals who give their time to school life.

🏆 **Achievement Award** – For students who consistently go the extra mile, selected by the Pupil Parliament.

✍️ **Nominate now:** [www.emat.uk/awards2025](https://www.emat.uk/awards2025)

 **Deadline:** 6th May 2025

🏆 **Winners announced in July at a special awards ceremony!**

Let's celebrate the fantastic contributions of our NIA6 community – get nominating! 🎉